

## **Phoenix Surgery PPG AGM 11<sup>th</sup> April 2018**

### **Co-Chairs report – Ingela Jacob**

Summer 2017 we linked in with Diabetes Week and had displays and information in the waiting rooms, together with a DiabetesUK quiz on diet. I would like to thank all those who helped with this event. We found that it stimulated debate and hopefully raised awareness of Type Two Diabetes.

Autumn 2017 we organised an event in the waiting rooms to tie in with the SELF CARE week in November 13<sup>th</sup> to 17<sup>th</sup>. Thanks to all members who helped with this. June McDonald and I set a quiz based on common symptoms and how to self-manage them, and people seemed to enjoy doing it, to the point of finishing it after they had been in for their appointment. We also had handouts with information that they could take away. Lynne Earthy helped me to collate the quiz results and essentially it was pleasing to see how well informed most people are. The main sources of confusion were in the management of back pain. Also many people were not aware that they could self-refer to Cirencester Physiotherapy.

February 2018 saw us in the waiting rooms again, this time for the Patient Satisfaction Survey. Again, the fact that we were there encouraging people to fill it in meant that we were able to increase the numbers from the last time in 2016. There will be a separate report on this.

Currently Peter and I are concerned with the question of how we merge activities with Romney House PPG. We will however be holding one or more Health Awareness events in the future.

Ingela Jacob  
April 2018